

4 - 8 July 2005

Camp Training Schedule

| | | Monday 4 July | | | Tuesday 5 July | | | Wednesday 6 July | | | Thursday 7 July | | | Friday 8 July | | |
|-------|----------|---------------|--------|--------|----------------|--------------|-----------|------------------|--------------|--------------|-----------------|--------|--------|---------------|--------------|----------|
| Girls | | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 |
| 11 | NIT | | | | Sw-P/Hsho | Socc/Bocc | Bowling | Sw-P/K-Ball | F-Golf | Play | Swim Races | | | Crafts | Music/Field | Swim-P |
| 12 | NOVICE-G | F | | | H-Sho/SwP | Bowling | Socc/Bocc | Swim-P | Play | Music | Swim Races | | | Swim-P | F-Golf | Crafts |
| 11 | NOVICE-W | O | | J | Boating | Play | H-Shoes | Swim - MP | Music | T-Ball | Swim Races | | | Swim-P | S-Hunt | Bowl/Bad |
| 17 | MIDGET-G | U | O | U | Swim-P | Music | STH/Ping | H-Shoes | Swim-Mp | Boating | Swim Races | | | Nature(lp/M) | V-Ball/Bad | Swim-Mp |
| 25 | MIDGET-W | R | F | L | Music | Nature(lp/m) | Ping/STH | Swim-Mp | Tennis | H-Shoes | Swim Races | | | Boating | Bad/V-Ball | Swim-MP |
| 17 | JUNIOR-G | T | | Y | Ping/B-Bal | Sailing | Sailing | Bad/V-Ball | Nature(lp/m) | Tennis | Swim Races | | | Swim-Mp | Soccer | Archery |
| 15 | JUNIOR-W | H | | | B-Ball/Ping | Golf | Swim-Mp | V-Ball/Bad | Swim-Mp | Nature(lp/m) | Swim Races | | | Swim-P | Archery | Tennis |
| 23 | INTER-G | | | | Crafts | Swim-Mp | Golf | Kayak | Dance/Softb | Archery | Swim Races | | | Swim-MP | Tennis/Dance | Bad/Ping |
| 17 | INTER-W | | | | Softball | Dance/Craf | Music/Fld | Archery | V-Ball/Bad | Golf | Swim Races | | | Tenbnis | Dance/Ping | Swim-Mp |
| 29 | SENIORS | | | | Swim-MP | Ping/Dance | Crafts | Swim - P | Arch/Dance | LAX | Swim Races | | | Bad/V-Bal | Fld/Music | Softball |

| | | Monday 4 July | | | Tuesday 5 July | | | Wednesday 6 July | | | Thursday 7 July | | | Friday 8 July | | |
|------|----------|---------------|--------|--------|----------------|------------|--------------|------------------|------------|------------|-----------------|--------|--------|---------------|--------------|--------------|
| Boys | | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 | 9:30-11 | 1-2:30 | 3-4:30 |
| 14 | NIT | | | | K-Bal/Sw-P | F-Golf | Fld/Music | T-Ball | STH | Swim-P | Swim Races | | | Soccer | Crafts | H-Shoes |
| 17 | NOVICE-G | F | | | V-Bal/Bad | Bowling | Swim-P | T-Ball | S-Hunt | Ping/STH | Swim Races | | | Music | H-Shoes | Boating |
| 19 | NOVICE-W | O | | J | Bad/V-Bal | T-Ball | Swim-P | Music | S-Hunt | STH/Ping | Swim Races | | | H-Shoes | Boating | Nature(lp/m) |
| 15 | MIDGET-G | U | O | U | Swim-Mp | Bocc/Socc | Tennis | B-Bal/STH | H-Shoes | Kayak | Swim Races | | | Softball | Nature(lp/m) | Music |
| 14 | MIDGET-W | R | F | L | Nature(lp/m) | H-Shoes | V-Ball/Bad | STH/B-Bal | Boating | Crafts | Swim Races | | | Bowling | Softball | Swim-P |
| 15 | JUNIOR-G | T | | Y | Soccer | STH/Ping | Swim-MP | Nature(lp/m) | Golf | Archery | Swim Races | | | V-Ball/Bad | Sailing | Sailing |
| 18 | JUNIOR-W | H | | | Tennis | Archery | Nature(lp/m) | Bowling | Bad/V-Ball | Swim-P | Swim Races | | | Golf | Swim-Mp | Ping/B-Ball |
| 18 | INTER-G | | | | Swim-P | Tennis | Archery | Wrestle | Dance/Crft | Bad/V-Ball | Swim Races | | | Ping/B-Ball | Golf/Dance | Swim-P |
| 20 | INTER-W | | | | Archery | Dance/Bad | Softball | Soccer | Wrestle | Swim-MP | Swim Races | | | B-Ball/Ping | Dance/Bowl | Golf |
| 17 | SENIORS | | | | Kayak | SftBa/Danc | Swim-P | Golf | Socc/Dance | V-Ball/Bad | Swim Races | | | Archery | Ping/B-Ball | Swim-P |

Scheduling Notes

Pre-Playground & Playground: 9:00 - 11:00 am // Playground Swim 1 - 2 pm

Check www.sfcamp.org & Camp Bulletin Board for announcements & event postings & much more.

Swim Codes: Swim-P = Pool, Swim-MP = Pier

Nature Codes: W = Swim Suit & Shoes, LP = Long Pants, M = Muddy

Athletic B-Ball = Basketball

C-Crse = Confidence Course

H-Shoes = Horseshoes

Play = Fun & Games at the Playground

Codes: Bad = Badminton

Challenge-LP = Ingenuity Challenges (Long Pants)

K-Ball = Kickball

S-Ball = Softball

Bocci = Bocci Ball & Croquet

Challenge -W = Ingenuity Challenges (Swim)

LandNav = Orienteering

S-Hunt = Scavenger Hunt

Book = Great Books

F-Golf = Frisbee Golf

LAX = Lacrosse

STH = Street Hockey

Events: 4th of July, Parade and Games

Tennis Tourney PVJTL, Andover (Here), July 7, Noon

Golf Tournament, Sherwood GC (Here), July 7, 1PM

Diving Meet, Sherwood Pool, July 8, 5:30 PM

River Swim Meet, Ben Oaks, July 9, 9AM

V-Ball = Volleyball

Wrestle = Wrestling (The American Martial Arts)

Supervised PM Break: Daily, 2:30 - 3

Group sizes noted in left column for parent planning.