

25 - 29 July 2005

Camp Training Schedule

		Monday 25 July			Tuesday 26 July			Wednesday 27 July			Thursday 28 July			Friday 29 July		
Girls		9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30
11	NIT	Swim-P/STH	Music/F-Golf	Play	T-Ball/Swim-P	Crafts	K-Ball/STH	Bowl/Shoes	Play	Swim-P/K-Ball	Swim Races			Swim-MP	Bocci	Nature (lp)
12	NOVICE-G	Music/F-Golf	Bowling	Swim-P	Bocci/Bad	Volleyball	Swim-P	Ping/STH	Swim-MP	Nature (lp)	Swim Races			Swim-MP	Soccer	Crafts
11	NOVICE-W	F-Golf/Music	Play	Swim-P	Bad/Bocci	Volleyball	T-Ball	STH/Ping	Swim-MP	Soccer	Swim Races			Nature (lp)	Shoes	Badminton
17	MIDGET-G	Games	Swim-MP	Softball	Swim-P	Ping/Bad	Soccer/Music	Bocci	Crafts	Swim-MP	Swim Races			Shoes	Swim-MP	Volleyball
25	MIDGET-W	Volleyball	Ping/Bad	Swim-MP	Softball	Swim-MP	Music/Soccer	Crafts	Kayak	Golf	Swim Races			Swim-P	B-Ball	Softball
17	JUNIOR-G	Tennis	Swim-MP	Music/Games	Swim-MP	Soccer	Crafts	Swim-P	Golf	Ping/Bad	Swim Races			Bowling	Sailing	Sailing
15	JUNIOR-W	Crafts	Golf	Games/Music	Volleyball	Shoes/Bocci	Swim-P	Swim-MP	Soccer	Bad/Ping	Swim Races			Kayak	Softball	STH
23	INTER-G	Nature (lp)	Sailing	Sailing	Archery	Softball	Swim-P	Swim-P	STH/Music	Tennis	Swim Races			Golf	Ping/Bad	Swim-P
17	INTER-W	Sailing	Nature (lp)	Tennis	Swim-P	Bad/Ping	Archery	Golf	Music/STH	Swim-P	Swim Races			Swim-P	Bowling	Kayak
29	SENIORS	Softball	Soccer	Swim-P	Nature (lp)	Archery	Swim-MP	Volleyball	Tennis	Swim Races	Golf			Bad/Ping	Kayak	Swim-P

		Monday 25 July			Tuesday 26 July			Wednesday 27 July			Thursday 28 July			Friday 29 July		
Boys		9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30	9:30-11	1-2:30	3-4:30
14	NIT	STH/Swim-P	F-Golf/Music	Bocci	Crafts	Play	Bad/Field	Shoes//Bowl	Play	K-Ball/Swim-P	Swim Races			Swim-MP	Nature (lp)	Games/K-Ball
17	NOVICE-G	Tennis	Bocci	STH/Ping	Swim-P/T-Ball	Bowling	Nature (lp)	Badminton	Horseshoes	Music/Swim-P	Swim Races			Bocci/Soccer	Crafts	Play
19	NOVICE-W	Tennis	Horseshoes	Ping/STH	Swim-P	Games	Bowling	Swim-P	Nature (lp)	T-Ball/Music	Swim Races			Soccer/Bocci	STH	Swim-MP
15	MIDGET-G	Swim-P	Volleyball	Soccer	Kayak	Music/B-Ball	Tennis	Swim-P	Softball	Horseshoes	Swim Races			Crafts	Golf	Swim-MP
14	MIDGET-W	Bocci	Volleyball	Swim-P	Tennis	B-Ball/Music	Golf	Swim-P	Softball	Crafts	Swim Races			Swim-P	Bowling	Horseshoes
15	JUNIOR-G	Badminton	Kayak	Crafts	PingPong	Golf	Swim-P	Archerey	Sailing	Sailing	Swim Races			Tennis	Music/STH	Bowling
18	JUNIOR-W	Bowling	Crafts	Golf	Soccer	Swim-MP	Softball	Sailing	Ping/Bad	Volleyball	Swim Races			Swim-P	Archery	Tennis
18	INTER-G	Soccer	Bad/Ping	Swim-MP	Golf	Sailing	Sailing	Nature (lp)	Wrestling	Swim-MP	Swim Races			Archery	Tennis	Swim-P
20	INTER-W	Swim-P	Tennis	Bowling	Swim-MP	Nature (lp)	Volleyball	Wrestling	Archery	Swim-P	Swim Races			Sailing	Bad/Ping	Golf
17	SENIORS	Archery	Softball	Nature (lp)	Sailing	Tennis	Bowling	Kayak	Bad/Ping	Swim Races	Golf			B-Ball	Swim-MP	Volleyball

Scheduling Notes

Pre-Playground & Playground: 9:00 - 11:00 am // Playground Swim 1-1:30 (Beginners) // 1:30-2PM (Intermediate & Advanced)

Check www.sfcamp.org & Camp Bulletin Board for announcements & event postings & much more.

Swim Codes: Sw Swim-P = Pool, Swim-MP = Pier

Nature Codes: W = Swim Suit & Shoes, LP = Long Pants, M = Muddy

Athletic	B-Ball = Basketball	C-Crse = Confidence Course	Shoes = Horseshoes	Play = Fun & Games at the Playground
Codes:	Bad = Badminton	Challenge-LP = Ingenuity Challenges (Long Pants)	K-Ball = Kickball	S-Ball = Softball
	Bocci = Bocci Ball & Croquet	Challenge -W = Ingenuity Challenges (Swim)	LandNav = Orienteering	S-Hunt = Scavenger Hunt
	Book = Great Books	F-Golf = Frisbee Golf	LAX = Lacrosse	STH = Street Hockey
			Ping = Ping Pong	V-Ball = Volleyball

Events: Tennis League Tournament PVJIL (at Charlwell), July 25 - 27, Noon
 Mother / Child Tennis Tournament (Intermediates & Seniors), July 28, Noon
 Diving Meet (Championship), Sherwood Pool, July 29, 5:30 PM
 River Swim Meet (Championship), Ben Oaks, July 30, 10 AM

Wrestle = Wrestling (The American Martial Arts)

Supervised PM Break: Daily, 2:30 - 3

Group sizes noted in left column for parent planning.